



Pre-Treatment Instructions – Breast Augmentation

Dr. Ledding will provide thorough preoperative instructions, answer any questions you may have, take a detailed medical history and perform a physical exam to determine your fitness for surgery.

To help detect and track any changes in your breast tissue, Dr. Ledding may recommend:

A baseline mammogram before surgery

In advance of your procedure, Dr. Ledding will ask you to:

- Stop smoking at least 3 months before undergoing cosmetic surgery to better promote healing.
- Avoid taking aspirin and certain anti-inflammatory drugs that can increase bleeding.
- Regardless of the type of surgery to be performed, hydration is very important before and after surgery for safe recovery.

Breast Augmentation is usually performed on an outpatient basis. Be sure to arrange for someone to drive you home after surgery and to stay with you at least the first night following surgery.

What Can I Expect on the Day of Breast Augmentation Surgery?

Your Breast Augmentation surgery will be performed at a private state of the art surgical suite:

Regina Surgical Centre (SCI)
2060 Halifax Street
Regina, SK, S4P 1T7
Tel: 306-522-3282

Most Breast Augmentation procedures take at least one to two hours, and may be 1-2 hours longer if breast lifting is also being performed.

- Medications are administered for your comfort during the surgical procedure.
- General anesthesia is commonly used during your Breast Augmentation procedure, although local anesthesia or intravenous sedation may be desirable in some instances.
- For your safety during the surgery, various monitors will be used to check your heart, blood pressure, pulse and the amount of oxygen circulating in your blood.
- Dr. Ledding will follow the surgical plan discussed with you before surgery.
- After your procedure is completed, you will be taken into a recovery area, where you will continue to be closely monitored.



Ledding Plastic Surgery

CORNWALL PROFESSIONAL BUILDING
#314, 2125 11th Ave, Regina, SK S4P 3X3
Phone: 306-780-3650 Fax: 306-780-3718
www.leddingplasticsurgery.com leddingoffice@sasktel.net



Breast Implants

Following insertion and placement of Breast Implants, Dr. Ledding will use sutures to close the surgical incisions. Dr. Ledding will wrap your chest area with a surgical compression bra to provide support and assist with healing. Occasionally, drainage tubes may be used for a short time following surgery. (Dr. Ledding uses Mentor breast Implants).

You will need a second compression bra which can be purchased at:

Pink Tree

If you have any questions, please contact our office at 306-780-3650. We'd be happy to assist you.

Your Patient Care Team!



Ledding Plastic Surgery

CORNWALL PROFESSIONAL BUILDING

#314, 2125 11th Ave, Regina, SK S4P 3X3

Phone: 306-780-3650 Fax: 306-780-3718

www.leddingplasticsurgery.com leddingoffice@sasktel.net