

Pre-Treatment Instructions – Dermal Fillers

What you should know before Dermal Filler Treatment

Avoid known blood thinners and drugs associated with bruising and bleeding for 10 days before your procedure. This includes the following:

- ASA Family: (e.g. Aspirin/Baby Aspirin, Coated Aspirin/ASA, Anacin/Excedrin, Fiorinal, Robaxial)
- Arthritis Pills: (e.g. Anaprox/Naproxen, Feldene, Ibuprofen/Motrin/Advil/Voltaren/Diclofenac, Toradol, Aleve, Indocid or other DSAIDS (non-Steroidal inflammatory drops).
- Medical Blood Thinners: (e.g. Plavix, Coumadin, Warfarin, Eliquis, Pradaxa, Xarelto).
- Herbals & Vitamins: (e.g. Supplements/multivitamins, Cod-liver Oil/Fish oil capsules, Garlic pills, Green Tea, Vitamin E, Omega-3, 6 Fatty acids).

If any of these medications are prescribed you must check with your family physicians first to ensure it is safe to stop.

We strive to fully satisfy our patients. We offer the special service of contacting you as a reminder before your booked appointment. If that date/time is not suitable, we will be more than happy to adjust it to fit your schedule. If you have any questions or concerns, please feel free to call us at **306-780-3650**.



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